

Stanford Settlement Newsletter



"Reaching out to those around us."

Celebrating 75 years of Service 1936-2006

A note from Sister Jeanne...

As we move into 2011, we will begin a yearlong celebration of our 75th Anniversary. The Sisters of Social Service began neighborhood services in Sacramento in 1936 and we have continued these neighborhood services as integral to the community we serve. We will be hosting a celebration "A Diamond Affair" on April 2nd at the Radisson. Mark S. Allen of Channel 31's Good Day Sacramento will emcee this event. I hope to see many of you at this Gala (if you do not receive an invitation by March 1st, please let us know so we can include you).

During all of these 75 years, there have been many challenges that have helped us remain strong with a firm foundation. Probably the first major challenge was moving the programs from the Stanford Home Mansion at 8th & N Streets to the Gardenland area in the early 60's. Separation from Stanford Home could not have been easy. United Way, at that time, gave us our own separate funding to help accomplish this. The Bishop of Sacramento located a place to provide these neighborhood services. The Sisters of Social Service were committed to continue programs in a neighborhood that needed us.

Another challenge was faced in 1975 when we needed to move from our building on Wilson Ave. to a safer place and yet remain in Gardenland. The County of Sacramento came to our rescue and provided the old Gardenland School for our programs. However, to receive title to the property we had to incorporate and separate ourselves from the umbrella of the Catholic Diocese. I know that was a very difficult decision and yet so necessary for the future of Stanford Settlement. Sacramento County and Sacramento City, along with United Way, supported our efforts and the funding to continue.

Throughout these 75 years, funding has come and gone. Some of our funders have "hung in" with us. We have faced (and continue to do so) the impact of the economy on our ability to sustain our programs.

All of these challenges were faced by a hard working Board of Trustees and dedicated staff - people who believe in us, in our mission, in our programs and in the impact we have in the lives of those who participate in our programs, both the young and the old.

Not a day goes by without my deep gratitude for those who have gone before us and those who are with now...and for the Sisters of Social Service.

Thank you to those who have submitted a request to receive our newsletter via email. We are currently working on the online newsletter and appreciate your patience. For information regarding the newsletter via email please contact us at: sisterjeanne@stanfordsettlement.org, or call us at (916)927-1303.

MISSION STATEMENT

Stanford Settlement
Neighborhood Center helps
build healthy
communities through
individual, family, and
neighborhood services.



STANFORD SETTLEMENT PROGRAMS

Teen Center

Children's Program

Senior Center

Emergency
Assistance

Community
Development



SENIOR CENTER

Open Monday-Friday ~ 8:00 a.m. to 12:30 p.m.
For Seniors 50 years and older
Limited transportation is offered for lunch and most activi-



All Seasons Cafe

The Senior Center is a site for Meals on Wheels through Asian Community Center and offers a balanced and nutritious meal to seniors 60 years or older for a donation of \$2.00. Stop by and pick up the lunch menu. Lunch reservations are required by 11:30 a.m. the day before. Call 927-1819, and join us for a



Events Coming in February and March ~

- **February 14: Valentine's Day Party.** We will be making valentine cards and cookies. Bring a snack to share and enjoy the day filled with love.
- **March 8: Mardi Gras/Chili Cook off Extravaganza.** We will start the day with a Mardi Gras themed party, decorating masks and enjoying some festive music. After lunch, in mid-afternoon, is the Chili Cook off. Tasting and judging will begin at 2:30 p.m. and everyone can enjoy the chili around 3 p.m. Feel free to enter your special home-made chili into the competition.
- **March 17:** Come join us for some green fun, celebrating St. Patrick's Day. We will be making green cookies and enjoying delicious snacks brought in by you and your friends.

Medical Transportation for Seniors



If you are in need of Transportation to medical appointments and you live in our service area, call Stanford Settlement Senior Center to schedule transportation. Call us a couple days before your appointment so we have plenty of time to contact our volunteers to schedule your transpor-

Volunteer Drivers Needed

- ◆ Our Medical Escort Program is in need of volunteer drivers to pick up participants at their home and escort them to and from medical appointments.
- ◆ Drivers must have a valid California Driver's License and insurance. Please call our Senior Center for more information about this much-needed service.

Applications are being accepted for the Brown Bag program, which is available to low income seniors (60+). **Brown Bags will be distributed on Wednesday, February 23rd and March 23rd at 10:30 a.m.** For more information call the Senior Center at 927-1303.

Senior Center Activities

February 2011

- February 1: Shopping
February 4: Friday Flicks *Groundhog Day*
February 4: Sunshine Pals Meeting
February 8: Shopping
February 11: Friday Flicks
February 14: Valentine's Day Party
February 15: Shopping
February 21: *Closed President's Day*
February 22: Birthday Party
February 22: Shopping
February 23: Brown Bag
February 25: Friday Flicks



March 2010

- March 1: Shopping
March 11: Friday Flicks
March 4: Sunshine Pals Meeting
March 8: Mardi Gras / Chili Cook-off
All Day Extravaganza
March 15: Shopping
March 15: Birthday Party
March 17: St. Patrick's Day Party
March 25: Friday Flicks
March 22: Shopping
March 23: Brown Bag
March 29: Shopping



On-Going Activities



Daily at 9:30 a.m. (unless otherwise noted)



Pool table open daily 9:00 a.m.



Exercise and Yoga Monday-Wednesday-Thursday at 10:30 a.m.



Shopping trips every Tuesday to neighborhood banks, Wal-Mart, 99¢ Store, grocery stores and more. Call 927-1303 for more info.



Crafts and knitting offered weekly.

Social Groups

Sunshine Pals (50+): Meet the first Friday of each month at 1:00 p.m. for a business meeting with coffee and dessert following.



The holidays have passed so let's bring in the New Year and new decade. Happy 2011 everyone! We decorated our real Christmas tree just in time for the holidays. We also celebrated the holidays with an abundance of holiday inspired activities such as Capture the Santa, Christmas Jeopardy, Christmas candy and music trivia, and a holiday inspired coloring contest to name a few. We celebrated Christmas with our annual Christmas party. The teens really enjoyed opening their gifts. After all the teens opened their gifts they received their group gifts of a new game for the Xbox and new pool sticks. The teens insisted on opening the pool sticks right away to test their durability. The Xbox game was also a hit, allowing many of the teen boys to engage with each other taking turns playing against and with each other.

We welcome the New Year and any new faces that come to the Teen Center. Come join us for fun times in February and March. We look forward to having our annual Valentine's Day party filled with delicious treats and good times. March brings us the luck of the Irish and our St. Patty's Party.

If you are looking for something to do after school then stop by and see us at the Teen Center. If you are in 7th-12th grade and live in the area, we invite you to come check us out. We are open Tuesday – Friday from 3pm to 7pm during school and 1pm to 6pm when school is out. Join us for a game of pool, basketball, dodge ball, and X-Box or get into your artistic mode. Enjoy treats from our snack bar and join us in our daily snack. It's a great opportunity to come and hang out with friends.

Happy  St. Patricks Day

For questions or more information please call Kristina or Unica at 927-1303.

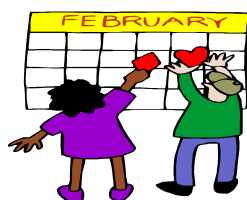


Children's Program

The second session of our After School Groups began on January 11th! We have welcomed more kids to the program from various schools in the neighborhood. In addition to our regular fun activities, we also enjoyed many special activities for Valentine's Day.

After School Groups are designed to help children build important social skills, learn problem-solving skills, and establish meaningful relationships with peers through fun activities, including arts and crafts, sports, games, cooking, field trips, and more. The groups meet Tuesday through Friday from 3:00-5:30 p.m.

We will start the third session of our After School Groups on March 15th, 2011, and we look forward to meeting and signing up more kids! For more information or to register a child for the next session, call Samantha or Meg at 927-1303.



Supported in part by...

SACRAMENTO COUNTY
CHILDREN'S COALITION

CHILDREN'S TRUST FUND



Free Income Tax Assistance



There will be free income tax assistance Saturdays February 5th -March 19th beginning at 10:00 a.m. This program is for those whose incomes are \$49,000 or less. To make an appointment, please call Marisol at 927.1303. Drop-ins will be accepted, however, appointments will take priority.

Please bring the following information with you:

- Social Security card or Tax ID card for every person on the Tax Return
- A current driver's license or ID card
- Your 2009 Tax Return.
- IRS forms, W-2 forms, 1098, 1099, property tax, retirement forms.

If you are filing jointly with your spouse, both must be present. If you are a renter, bring the name and phone number of the person or management company you pay rent to.

This free program is sponsored by VITA, Association of Government Accountants, American Society of Women Accountants and Stanford Settlement Neighborhood Center.

Memorials

In Memory of...

Helen Angelides
 Wilma Bryant
 Carl R. Hansen
 Rhea Kay Jansen

Marie Koch
 Larry Lee

LeRoy Naman
 Gil Ramirez
 Clemy Rokus
 Marie Seward

Sister Jeanette Skinner, SSS

Remembered by...

Sister Jeanne Felion
 David Breinke
 Mary-Courtney Whamond
 Ruth Ann Stover
 Sally Hite
 Sister Jeanne Felion
 Deanna Lea
 David Soto
 Sandy Foster
 Ruth Darriella
 Patricia McVicar &
 Area 4 Agency Staff
 Roger Schwarzin
 N. Siler
 B. Tigner
 Lynn Mayer
 Sonia & Roger McDowell
 Marilyn & Steve Offord
 Sister Jeanne Felion
 Jon Chase
 David Breinke
 Stanford Settlement Staff &
 Board Members
 Sister Jeanne Felion
 Pat Pennisi
 Julie Rhoten

Wills and trust clinics occur every six weeks at Stanford Settlement. Participants are eligible to receive a free Will and Durable Powers of Attorney for Financial and Health Care Decisions in exchange for a \$35 contribution to Stanford Settlement. Living trusts are also offered at a discount. Contact Barbara at 419-2100 to schedule a 20 minute appointment with an attorney. The next clinics beginning at 12:30 p.m. on February 1st, March 8th, and April 19th.

Donations may be made to the MEMORIAL FUND in memory of a loved one who has died. IN HONOR OF and IN TRIBUTE TO donations can be made to remember a special occasion or a special person in your life. That person will receive a note to let them know you were thinking of them. What a wonderful way to say "I care."

Honoraries

In Honor Of...

Irene Korbe
 G.H. Roberts

Honored by...

Kelly J. Barlow
 Judy Hansen



A Diamond Affair



Celebrating Stanford Settlement's 75th Anniversary 1936-2011

75 Years



SATURDAY APRIL 2, 2011
Radisson Hotel 500 ♦ Leisure Lane ♦ Sacramento, CA 95815
Evening Attire, Black Tie Optional
Cocktails Silent Auction Dinner Dancing
6—11pm
For tickets or sponsorship inquiries: 916.927.1303
Eva@stanfordsettlement.org



REGISTRATION FORM

Race Information

The Second Annual Natomas May Day Run will raise much needed funds for Stanford Settlement Neighborhood Center, a social service nonprofit vital to the Natomas landscape. This run's uniqueness lies in the community based volunteers, working in unison to further the goals of Stanford Settlement. This collective effort and all race proceeds will serve to keep the organization's programs in operation: Children's Program, Teen Center, Senior Center, Emergency Assistance Program, and Neighborhood Outreach.

Keeping true to the mission of helping to build healthy communities through individual, family, and neighborhood services, this event is designed to encourage participation from all ages. Come celebrate spring, don a festive hat, and decorate your child's stroller! Cheers to fun, fitness, and families!

WHAT:

10K Run & 5K Run, 10K or 5K Fun Walk, and a Kid's Fun Run

WHEN:

Sunday morning, 9:00 a.m. May 1, 2011 – Rain or shine!

WHERE:

The race start will be at the South Natomas Community Center, 2901 Truxel Rd, Sacramento, CA 95833. The race route is posted on our web site. On site parking is limited.

REGISTRATION: Either via this form or at

www.natomasmaydayrun.org

FEES: (Multi level pricing based on registration date)

\$ 25 Pre-registration-Regular rate
(January 1 through Monday, April 25, 2010)

\$ 35 Late registration
(On Tuesday, April 26 – Sunday, May 1)

\$ 100 Race team (up to 5 runners)

\$ 5 Kids Run without race t-shirt

RACE PACKAGE:

Bib number, post-race refreshments & race shirt

(You MUST register to participate in the Natomas May Day Run 2011. We are sorry but there are no exceptions. We require all participants to sign a waiver due to liability issues. Additionally, this is a fundraiser for a very important charity. Your registration fee(s) may be tax deductible, consult your tax advisor for specific guidance. Stanford Settlement's Federal Tax ID number is 94-1550842)

Name: First: _____ **Last:** _____ (Parent signature if minor)

Address: _____ (Parent name printed)

City State Zip: _____

Contact Phone: _____ **Contact E-mail:** _____

(Your phone & email will only be used for correspondence relating to important Natomas May Day Run 2011 updates & info).

Gender F M **Date of Birth:** / / (Entr: MMDDYYYY) **Age on May 1, 2011:** _____

T-shirt size: Small Medium Large X-Large XX-Large

I plan to enter: Individual Team of 5 (All teams members are required to sign a Registration Form)

10k Run/Walk 10k Run/Walk (Team) - \$100

5k Run/Walk 5k Run/Walk (Team) - \$100

*Kids Run ¼ mile, (without t-shirt) \$5 *Kids Run starts at approximately 11:00 a.m., after 10K & 5k

Make check payable to Stanford Settlement/May Day Run Enclosed Amount: \$ _____

Waiver: In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself and my heirs, executors, administrators waive and release and all rights and claims and damages I may accrue against the person and organizations affiliated with the race including but not limited to Stanford Settlement, A Change of Pace, City of Sacramento Special Events, City of Sacramento, all sponsors, volunteers, staff, subcontractors, agents, attorneys, and representatives for any and all injuries that I may suffer while participating in the event or en route to and from the event. I consent to the use of my image in photos, videos and audio recording and film, of my participation in the event. I attest that I am physically fit and sufficiently trained for this competition, my physical condition verified by a licensed M.D. during the last 6 months. As part of the waiver, I acknowledge that I have read and understand all of the above.

Signature: _____ **Date:** _____
(Return this signed completed registration form with payment to address below before April 26, 2011 to qualify for Pre-Registration fee, Race start time may be subject to change. Race course may use City of Sacramento streets which will require race approval which may cause changes in final race course.)

Stanford Settlement • 450 West El Camino Avenue • Sacramento, CA 95833 • (916) 927-1303 • www.stanfordsettlement.org

Stanford Settlement Newsweek, the bimonthly publication of Stanford Settlement Neighborhood Center. **Stanford Settlement helps build healthy communities through individual, family, and neighborhood services.**

We encourage use of information from Newsweek with the following citation: "From Stanford Settlement Newsweek, the bimonthly newsletter of Stanford Settlement Neighborhood Center."

Executive Director
Sister Jeanne Felion, SSS

President, Board of Trustees
Tom Dekker

Designer & Editor
Marisol Martinez

Staff Writers
Kristina Lemmons Julie Rhoten
Eva Zhen Katey Bowden

Stanford Settlement Neighborhood Center
Tel: 916.927.1303 Fax: 916.922.1694
450 West El Camino Ave., Sacramento, CA 95833
www.stanfordsettlement.org

©Stanford Settlement, Inc. 2010

Newsweek
Stanford Settlement Neighborhood Center
450 West El Camino Avenue
Sacramento, CA 95833-2299



Return Service Requested

Nonprofit Organization
U.S. Postage
PAID
Permit No. 704
Sacramento, CA

Celebrating 75 Years of Service 1936-2006



Effortless Giving



The Power of One
You shop, Stanford Settlement wins!
You can help Stanford Settlement for free. At over 680 brand name stores, a portion of each online purchase is donated to Stanford Settlement. To sign up or for more information, visit www.igive.com.



Stanford Settlement can earn a penny each time you search the Internet through GoodSearch.com, a search engine that donates 1/2 of its income to charities the users designate. It's powered by Yahoo! So, you get great results.

Visit www.GoodSearch.com and enter Stanford Settlement as the charity you want to support. 250 people searching twice a day will raise about 3,650.00 per year without anyone spending a dime!! And be sure to spread the word!

Stanford Settlement is distributing Community Rewards cards for FoodsCo, Quality of Life cards for Raleys and Bel Air, and Save Mart S.H.A.R.E.S. cards. Each time you shop at any of these stores, a percentage of your total purchase is automatically recorded and awarded back to Stanford Settlement.

