

Stanford Settlement Newsletter



"Reaching out to those around us."

Celebrating 75 years of Service 1936-2011

A note from Sister Jeanne...

As we continue to celebrate our 75 years providing neighborhood services, I think back over our history and the sisters, board members, staff and volunteers who have formed us and influenced who we are.

I was amazed when I looked at written material from the 1960's and realized that what we said as our mission then is what we say it is today. We have remained true to our founding mission, even when there were financial incentives to change. We continue to embrace our mission of "helping build healthy communities through individual, family and neighborhood services."

Celebrating 75 years in Sacramento also are the Sisters of Social Service. The SSS have worked in many places, begun many ministries and they, too, leave their legacy in Sacramento. I feel privileged to be the only Sister of Social Service working in one of our original works here in Sacramento. Our initial ministries continue with others leading the organizations.

It is important to recognize those who have given us the resources to continue to be a successful organization in our community. Some of the current funders are United Way, Sacramento County, Area 4 Agency on Aging, Sacramento County Children's Coalition. Sutter Medical Center Sacramento, Diocese of Sacramento, Rotary Clubs of Sacramento, Point West, and North Sacramento. Some of our past funders have included Catholic Healthcare West and the City of Sacramento. And most important are all those who have supported our special events and contributed to our programs.

We look forward to the challenges of this coming fiscal year. Although we continue to struggle to "keep our heads above water", we count the blessings we have received through our board, staff, volunteers and supporters.

Sister Jeanne Felion, SSS

Please Note!!

Please send us your email address for our E-Newsletter that is soon to come in these next months!!! For information regarding the newsletter via email please contact us at:
sisterjeanne@stanfordsettlement.org, or call us at (916) 927-1303.

MISSION STATEMENT

Stanford Settlement
Neighborhood Center
helps build healthy
communities through
individual, family,
and neighborhood
services.

STANFORD SETTLEMENT PROGRAMS

Teen Center

Children's Program

Senior Center

Emergency
Assistance

Community
Development

SENIOR CENTER

Open Monday - Friday ... 8:00 am until 12:30 pm
Seniors 50 years of age and older are welcome!

Limited transportation available for lunch and other activities.

All Seasons Café: Lunch is served Monday - Friday at 11:30 am.
Available for seniors 60+ for a donation of \$2.00. Sponsored by Asian
Community Center Meals on Wheels. Menus are available at the center and
reservations are requested by 11:30 am the day before. Call 927-1819.
Come enjoy a good lunch!

Our 19th Annual Senior Health and Information Fair went off without a hitch. There were over 90 seniors participating as well as 18 vendors able to give their information to the seniors. Mercy donated their time to do cholesterol tests and Physicians Pharmacy donated their time to do blood pressure checks and blood sugar tests. These donations made a tremendous difference to the seniors.

A special thanks goes to Rohrer Brothers for donating fruit for the Health Fair. Bel-Air for donating the cloth bags that were used for our goodie bags and Asian Community Center's Pocket Pickers for donating the great entertainment. Without these, and all of the other donations we received, our Health Fair would not have been as successful as it was.

Events in August & September:

August 19th– We will be having an Ice Cream Social at 2:30 pm. This is an all day event. We will have lunch and have some outside and inside activities while setting up for the Ice Cream Party. Come and enjoy the weather with your friends for a refreshing treat.

September 2nd - Labor Day Party starts at 10 am. Bring a snack to share and enjoy the company and music before lunch.

September 16th - Mexican Independence Day Party starting at 10 am. Bring an authentic Mexican dish to share with your friends and partake in the celebration of Mexico's Independence. Come and enjoy!

New activities added!

Dance-O-Rama - We will be playing music starting at 10 am for everyone to get up and dance to. Bingo will go from 9 to 10. We will also provide lemonade and water to keep you hydrated. So bring your dancing shoes and come have fun with your friends.

Art Class has begun. We have an Art Instructor, Gerry Simpson, provided by the Sacramento Metropolitan Art Commission to come and teach for 10 weeks in our Senior Center. He will be here every Monday until September 19. Come check out what great things he will be teaching while enjoying the creative art you will be making.

Senior Center Activities

Ongoing Activities:



...Bingo daily at 9:30 am (unless otherwise noted)

...Games of Pool daily at 9 am



Exercise and Yoga Tuesday at 11, Wednesday & Thursday at 10:30 am

Shopping trips every Tuesday to neighborhood banks and stores



Crafts, knitting, puzzles, and games

Calendar

August 2011

- 2nd - Shopping
- 5th - Sunshine Pals at 1 pm
- 9th - Shopping
- 12th - Friday Flick
- 19th - Ice Cream Social - 2:30
- 22nd - Birthday Celebration
- 23rd - Shopping
- 24th - Brown Bag Program
- 26th - Dance-O-Rama - 10 am
- 30th - Shopping



September 2011

- 2nd - Labor Day Party
- 2nd - Sunshine Pals at 1 pm
- 5th - Closed
- 6th - Shopping
- 9th - Friday Flick
- 13th - Shopping
- 16th - Mexican Independence Day Party - 10 am
- 20th - Shopping
- 21th - Birthday Celebration
- 23rd - Dance-O-Rama - 10 am
- 27th - Shopping
- 28th - Brown Bag Program

HICAP

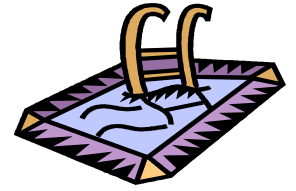
Health Insurance Counseling and Advocacy Program, has a counselor coming to Stanford Senior Center every 2nd and 4th Wednesday of the month. If you have any questions about your health coverage please call for an appointment: 376-8915

Applications are being accepted for the Brown Bag Program available to low income seniors 60+. **Brown Bags are distributed on the 4th Wednesday of each month - August 24th and September 28th at 10:30 am.** For more information call 927-1303.



Summer Day Camp 2011

Thanks to everyone who made our Summer Day Camp program a huge success this year! The kids had an amazing summer!



We especially want to thank:

- the **Sacramento County Children's Coalition ~ Children's Trust Fund**, for providing major funding for our services to children
- the **City of Sacramento**, for allowing us to participate in the Free Summer Lunch Program at McKinley Park
- the **DREAM Project**, for their financial support
- the **Rotary Club of Natomas and our Board Members**, for BBQing lunch for us on Fridays
- the **Lifeguards and staff at Clunie Pool**, for keeping us safe while we swam
- **Dennis**, our bus driver from **Twin Rivers Unified School District**, for getting us to and from McKinley Park safely every day
- the **many individuals** who generously gave support through donated supplies and financial resources

We also want to thank this year's Summer Day Camp Counselors... **Samantha Webster, Megumi Storms, Vanessa Martins, Precheé Johnson, Erika Elizarrarás, and Yvonne Flores**, who provided creative, caring, and growth-producing experiences for our kids.

Our Counselors-in-Training were hard workers and excellent role models for the kids this summer: **Cassidy Meza, Marissa Herrera-Rosales, Ruslan Nikitchuk, Sean Robinson, Eric Winchell, Sofiya Nikitchuk, Rostya Kushnir, Tavian Johnson, Inah David, Jenna Titarenko, and Soraya Diaz.**

Our thanks to you for helping create a memorable summer for so many kids!

After School Groups will begin in September...call Samantha or Meg at 927-1303 for more information AFTER September 5th!

SACRAMENTO COUNTY
CHILDREN'S COALITION

CHILDREN'S TRUST FUND



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Memorials

In Memory of...

Suenari Koyasako
George Saleebey
Jeneva Hammonds
Jack Montserrat

Frank Stover

Remembered by...

Vicki & Harvey Makishima
Richard Kelly
"Sunshine Pals"
Sister Jeanne Felion
Pat Pennisi and Julie Rhoten
Ruth Stover

Donations may be made to the MEMORIAL FUND in memory of a loved one who has died. IN HONOR OF and IN TRIBUTE TO donations can be made to remember a special occasion or a special person in your life. That person will receive a note to let them know you were thinking of them. What a wonderful way to say "I care."

STANFORD SETTLEMENT NEIGHBORHOOD CENTER



MONTE CARLO NIGHT

SATURDAY, OCTOBER 1, 2011

2003 HOWE AVE., SACRAMENTO, CA 95825

SILENT AUCTION: 6:00-8:00PM | DINNER: 6:15-7:00PM | CASINO: 7:00-10:00PM

ADMISSION TICKETS: \$40 EACH | RAFFLE TICKETS \$2 DONATION EACH

Yes, I am attending!

Please reserve _____ event tickets

Name(s) _____

I need _____ vegetarian meals

Please send me _____ raffle tickets, \$2 Donation each

_____ I'm interested in Sponsorship, please send me a form

Enclosed is my check for \$_____ or charge:

Credit Card # _____ Expires _____

Name on credit card: _____

Address _____

Phone _____

Email _____

No, I cannot attend and wish to make a donation. Enclosed is my check for \$_____ or put on credit card_____.

Please mail to 450 West El Camino Avenue, Sacramento, CA 95833

For more information, 916.927.1303 or sisterjeanne@stanfordsettlement.org or eva@stanfordsettlement.org

"Stanford Settlement helps build healthy communities through individual, family, and neighborhood services."

Stanford Settlement Newswheel, the bimonthly publication of Stanford Settlement Neighborhood Center.

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Newswheel
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Celebrating 75 Years of Service 1936-2011



May 26, 2011 15th Annual Golf for Charities



*Benefiting Stanford Settlement Neighborhood Center
and Sorooptimist charities*

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